



# Holy Apostles and Martyrs Parish

Part of Wallasey Local Missionary Area (LMA 21)

Parish Priest: Canon Philip Moor VG

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**Message from Fr Phil** - The obligation to attend Mass was suspended last year and there is no pressure or obligation to attend Mass at the present time. If you are in a vulnerable category or anxious please do not worry, stay at home and join us in prayer from there. For those who are coming to Church it is vitally important to follow **Hands - Face - Space**; everyone must use the hand sanitiser as they enter and leave Church, face coverings must be worn and social distancing must be maintained at all times. It has been stressed in the recent guidance received that there must be no mingling or social interaction between households and/or support bubbles either within or outside Church. **Here to help**, I know that there is a lot of help and support already taking place in the Parish, however if you or anybody that you know needs anything please let me know and I will try and arrange it through the Parish. Please take care and stay safe, **Fr Phil x**

**Missio "Red Box" Collections** - Missio is being re-launched in our parish in an attempt to revive it's formerly generous funding of Missio by finding more efficient ways of fundraising. The re-launch is being co-ordinated by our new Missio Local Secretary, Claire Hetherington, contact details below. • All existing Red Box holders should receive a brown Collection Envelope that contains a Direct Debit leaflet and a letter and everyone is strongly encouraged to bring their existing cash collections to church and switch to Direct Debit. Please call Claire if you do not receive your Collection Envelope. • If you don't have a Red Box please seriously consider completing a Direct Debit/Gift Aid form available at the back of church and become a regular Missio supporter. Insert the completed form in the Freepost envelope that is attached to the end of the form, seal it and post to Missio. Find out lots more about Missio on their website: - <https://missio.org.uk/> If you have any questions or queries, call or text Claire Hetherington on 07948 727504 or email: - [clairefrances.hetherington@gmail.com](mailto:clairefrances.hetherington@gmail.com). Many Thanks.

**Tackling Fuel Poverty** - The LiveSimply group and SVP met with Dominic Griffiths from Energy Projects Plus recently. He showed us how to refer anyone who is in fuel poverty or in receipt of certain benefits, to receive advice, help with payments, replacing white goods to energy efficient ones and switching to a cheaper energy tariff. This is so people can be more comfortable in their homes, heating them to a healthy level but also using less energy, so it's good for the environment too. He also gave us lots of information on insulation, damp and grants. We can refer people through this link: <https://www.epplus.org.uk/referrals/>

**31<sup>st</sup> January 2021**

**4<sup>th</sup> Sun OrdTime  
Year B**

**Psalter Week IV**

*First Reading*

**Deuteronomy 18: 15-20**

*Response to Psalm*

O that today you would listen to his voice! Harden not your hearts.

*Second Reading*

**1 Corinthians 7: 32-35**

**Gospel Acclamation**

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children.

Alleluia!

**Gospel**

**Mark 1: 21-28**

Please pray for the sick, housebound and all those self-isolating in our parish. May the Lord in his love & mercy help them through the grace of the Holy Spirit.

**Rest in Peace**

Please remember in your prayers

**Christine McGowan,**

**Christine Warriner,**

**Mike Connor, Kev Bowe**

and all those who have died recently and those whose anniversaries occur around this time.

## Social Media

Twitter: @HamParish

Facebook Page: Holy

Apostles Catholic Parish

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The SVP assist anyone who would like a visit at home or who needs practical help. Please contact us, email: [svphelpine@gmail.com](mailto:svphelpine@gmail.com) or ring our confidential phone number 07563966654 and we will get back to you as soon as possible.

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## Reclaim our Common Home

CAFOD's New Climate

Campaign petition is now available to sign. Watch the excellent short campaign film and sign the petition. Do ask others- friends, family to sign. <https://cafod.org.uk/Campaign/Reclaim-our-common-home>

**100 Club** - The next cycle commenced on 10/1/2021, prompt payments are much appreciated. Any queries or anyone wishing to become a member, please contact Fiona Keogh on 07791 900122

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## Waste and Recycling in

**Wirral.** Do you want to know what can and can't go in your recycling bin and why? Join us on Friday 5th February at 10.30am for a virtual tour of Gillmoss, where our waste is sorted. The presentation will cover the journey of both the green bin and recycling waste (grey bin), including a video of how the sorting process operates and then an opportunity for questions. The session is live on Zoom and takes an hour. Please register on this link: [Recycling in Wirral-a tour of Gillmoss Tickets, Fri 5 Feb 2021 at 10:30 | Eventbrite](#)

## Mass Times and Intentions

Saturday **6.00pm** (People of the Parish)

Sunday **9.30am** (Christine McGowan)

**11.00am** (Len Monetpenny)

Monday **9.30am** (Colin Harris)

Tuesday **6.45pm** (Kathleen McVeigh)

Wednesday **9.30am** (Christine Warriner)

Thursday **9.30am** (Fred McEneaney)

Friday **9.30am** (Patricia Lawler)

Saturday **6.00pm** (Christine McGowan)

Sunday **9.30am** (People of the Parish)

**11.00am** (Fred McEneaney)

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**Our Common Home** - Although we have revised the LiveSimply plan, the Lockdown means that we will delay the Car Idling campaign. The revised plan is on display in church, on our Facebook page [Our Common Home | Facebook](#) and we can send out copies.

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**CAFOD Walk for Water - Cafod – Walk for Water** is a challenge for Lent 2021. We are asked to walk 10,000 steps each day in solidarity with people who have to walk to collect clean water.

Fr Phil, Anne Litherland and Jill McNamee are taking up this challenge. As a parish, we would like to support them and ask that as many people as possible can help them on their journey.

We would like to encourage everyone to make an extra effort to walk during Lent and contribute to the Parish step count. We are not asking that you walk 10,000 steps a day, just as many as you can and as often as you are able. As individuals or as a family, you could count your steps whenever you are out walking. Remember to count everybody's steps. We ask that you email your total number of steps each week to [ham.creation.2020@gmail.com](mailto:ham.creation.2020@gmail.com) If you are able to we ask that you send a photo of yourself or family when you are out walking, please send it to the email address above.

Alternatively, you could write down the number of steps and put them into a box at the back of Church each week. We will add them up each week and keep a running total of steps. Any amount of steps on any number of days that you can manage will go towards our commitment to thinking about and helping our brothers and sisters around the world who are not as fortunate as we are. We would ask that if you could support us with a donation, please go to the Just Giving page <https://www.justgiving.com/fundraising/holy-apostles-and-martyrs-walk-for-water> Thank you as ever for your support.